



## **SESSIONAL WORKER**

### **Job Description and Person Specification**

The post-holder will assist in the delivery of a range of services to young carers in Fife on a sessional basis, primarily focussing on the co-facilitation of group-work activities and occasional one to one emotional support as required.

Reporting directly to the Support Worker, the post holder will be part of a team of staff and volunteers all of whom will be expected to contribute to the design and delivery of services to young carers and development of the organisation. The Support Worker will provide regular support and supervision on an individual basis.

Work is completed mainly in the evenings during term time and during the day during school holiday periods.

The post-holder must be willing to commit to at least one group a fortnight based within a Fife locality: **Glenrothes, Levenmouth, Kirkcaldy, St Andrews, or Dunfermline.**

A full disclosure check through the PVG scheme is mandatory.

**Salary is £12p/h.**

#### **You are awesome at:**

- Listening and communicating skills
- Working as part of a team
- Delivering group work to young people

#### **You are good at:**

- Understanding children and young adult development
- Understanding the needs of young carers
- Understanding young carers and young adult carers issues and being able to empathise and offer emotional support.

#### **You also have:**

- Experience of organising events, activities, and regular groups (ideally for young people)
- Experience of facilitating young people's participation and involvement
- Knowledge of current legislation relating to young carers and young adult carers (including child protection)
- Understanding of, and commitment to, the promotion of equal opportunities and confidentiality policies and practice.